

2010 Cochran After-School Ski/Board Program

What: A nine-week after school ski/snowboard program - with emphasis on skiing/riding safely & having fun! (*Helmets are strongly encouraged for all participants!*)

For: Richmond Elementary, Brewster Pierce Memorial, Smilie School & Camel's Hump Middle School girls & boys, Grades: Kindergarten - 8th grade

A parent or guardian must accompany kindergartners at all times

Season: Tuesdays, January 12 - March 16, 2010

Free Skiing on Feb. 23, March 9 & 16 - no instructors on these dates

No program when school is cancelled or on Town Meeting Day

Transportation must be provided by parent/guardian

Time: 3:15 pm to 5:00 pm (3:15 - 4:15 lesson, followed by free ski until dusk)

Questions??? Call Steve or Sue Znamierowski at 434-3698

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******Mail form and check to: Steve & Sue Znamierowski**

42 Collins Mt. Rd., Richmond, VT 05477 by December 24, 2009!****

(Due to limited class sizes registrations received after 12/24/09 may not be accepted)

Name **Child 1:** _____ Grade: ____ Gender: ____ Skier _____ Level _____
 Boarder _____ Level (see below) _____ Season Pass Holder? _____ Need ski/board rental? _____

Name **Child 2:** _____ Grade: ____ Gender: ____ Skier _____ Level _____
 Boarder _____ Level (see below) _____ Season Pass Holder? _____ Need ski/board rental? _____

Name **Child 3:** _____ Grade: ____ Gender: ____ Skier _____ Level _____
 Boarder _____ Level (see below) _____ Season Pass Holder? _____ Need ski/board rental? _____

Skier Levels

- Level 1 - Beginner. Never skied before.
- Level 2 - Beginner. Some experience. Learning to snowplow .
- Level 3 - Beginner. Snowplow turns. Rides "mighty-mite" rope tow.
- Level 4 - Rides T-bar. Snowplow turns.
- Level 5 - Balances on outside ski to turn
- Level 6 - Intermediate
- Level 7 - Advanced

Snowboard Levels

- Level 1 - Beginner. Never boarded before
- Level 2 - Some experience, can ride "mighty-mite"
- Level 3- Intermediate/Advanced, can ride T-Bar.

Fees: Lesson \$45.00 per child* Equipment Rentals: \$35.00 per child.

THE EQUIPMENT FITTING WILL BE HELD AT COCHRANS ON MONDAY, JANUARY 11, 2010 BETWEEN 6:00 AND 7:00 PM. ALL CHILDREN RENTING EQUIP. (SKIS OR BOARDS) MUST ATTEND THE FITTING PLEASE NOTE THAT SNOWBOARD RENTALS ARE LIMITED AND WILL BE PROVIDED ON A FIRST COME FIRST SERVE BASIS. RENTAL FEE FOR SNOWBOARDERS WILL BE COLLECTED AT THE FITTING. SKIERS MUST ENCLOSE RENTAL FEE WITH THIS APPLICATION.

*No lesson fee for season pass holders

TOTAL Registration Fees Enclosed: _____ TOTAL SKI Rental Fee Enclosed: _____

*****Checks payable to: Cochran Ski Area*****

Parent/Guardian Names: _____ Phone: _____

Address: _____ Town: _____

Zip Code: _____ E-Mail _____

Emergency Contact Name & Phone Number: _____

I am fully aware of the inherent risk and hereby give consent for the above named children to participate in the program offered by the Cochran Ski Area and hereby release the Cochran Ski Area, any of its elected or appointed officials, volunteers and instructors from any and all liability from injuries, claims, loss of services, expenses and/or damages that may be sustained by me or other minor children on account of his/her participation in said program or associated activities.

Parent/Guardian Signature (REQUIRED): _____

YES! I can help! Name: _____ Phone: _____

Mailing Address: _____

E-Mail Address _____

I am interested in (please circle): teaching ski/snowboard, helping on the mountain, helping in the lodge.

There will be a **Volunteer Instructor Clinic** on Saturday, January 2, 2010 from 1:00 - 3:00 PM *on the snow* @ Cochran's. **Volunteer Instructors, please plan to attend! Instructors are eligible for 5 free day passes,**