

# 2009 Cochran After-School Ski/Board Program

**What:** A ten-week after school ski/snowboard program - with emphasis on skiing/riding safely & having fun! (*Helmets are strongly encouraged for all participants!*)

**For:** Richmond Elementary, Brewster Pierce Memorial, Smilie School & Camel's Hump Middle School girls & boys, Grades: Kindergarten B 8<sup>th</sup> grade

*A parent or guardian must accompany kindergartners at all times*

**Season:** Tuesdays, January 13 - March 17, 2009

**Free Skiing on Feb. 24, March 10 & 17 - no instructors on these dates**

No program when school is cancelled or on vacation days

Transportation must be provided by parent/guardian

**Time:** 3:15 pm to 5:00 pm (3:15 - 4:15 lesson, followed by free ski until dusk)

**Questions??? Call Steve or Sue Znamierowski at 434-3698**

**\*\*\*\*Mail form and check to: Steve & Sue Znamierowski**

**42 Collins Mt. Rd., Richmond, VT 05477 by December 24, 2008!\*\*\*\***

(Due to limited class sizes registrations received after 12/24/08 may not be accepted)

Name **Child 1:** \_\_\_\_\_ Grade: \_\_\_\_ Gender: \_\_\_\_ Skier \_\_\_\_\_  
Boarder \_\_\_\_\_ Level (see below) \_\_\_\_\_ Season Pass Holder? \_\_\_\_\_ Need ski rental?

Name **Child 2:** \_\_\_\_\_ Grade: \_\_\_\_ Gender: \_\_\_\_ Skier \_\_\_\_\_ Boarder \_\_\_\_ Level  
(see below) \_\_\_\_\_ Season Pass Holder? \_\_\_\_\_ Need ski rental?

Name **Child 3:** \_\_\_\_\_ Grade: \_\_\_\_ Gender: \_\_\_\_ Skier \_\_\_\_\_  
Boarder \_\_\_\_\_ Level (see below) \_\_\_\_\_ Season Pass Holder? \_\_\_\_\_ Need ski rental?

**Skier Levels**

Level 1 B Beginner. Never skied before.

Level 2 B Beginner. Some experience. Learning to snowplow.

Level 3 B Beginner. Snowplow turns. Rides Amighty-mite@ rope tow.

Level 4 B Rides T-bar. Snowplow turns.

Level 5 B Balances on outside ski to turn

Level 6 B Intermediate

Level 7 - Advanced

**Snowboard Levels**

Level 1 B Beginner. Never boarded before

Level 2 B Some experience, can ride Amighty-mite@

Level 3- Intermediate/Advanced, can ride T-Bar.

**Fees: Lesson \$45.00 per child\* Equipment Rentals: \$35.00 per child. PLEASE NOTE THAT SNOWBOARD RENTALS ARE LIMITED AND WILL BE PROVIDED ON A FIRST COME FIRST SERVE BASIS DURING THE EQUIPMENT FITTING AT COCHRANS ON MONDAY, JANUARY 5, 2009 BETWEEN 6:00 AND 7:00 PM. RENTAL FEE FOR SNOWBOARDERS WILL BE COLLECTED AT THE FITTING. ALL CHILDREN RENTING EQUIP. (SKIS OR BOARDS) MUST ATTEND THE FITTING. SKIERS MUST ENCLOSE RENTAL FEE WITH THIS APPLICATION.**

\*No lesson fee for season pass holders

TOTAL Registration Fees Enclosed: \_\_\_\_\_ TOTAL SKI Rental Fee Enclosed: \_\_\_\_\_

**\*\*\*Checks payable to: Cochran Ski Area\*\*\***

Parent/Guardian Names: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_

Zip Code: \_\_\_\_\_ E-Mail \_\_\_\_\_

Emergency Contact Name & Phone Number: \_\_\_\_\_

I am fully aware of the inherent risk and hereby give consent for the above named children to participate in the program offered by the Cochran Ski Area and hereby release the Cochran Ski Area, any of its elected or appointed officials, volunteers and instructors from any and all liability from injuries, claims, loss of services, expenses and/or damages that may be sustained by me or other minor children on account of his/her participation in said program or associated activities.

**Parent/Guardian Signature (REQUIRED):** \_\_\_\_\_

**YES! I can help!** Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

E-Mail Address \_\_\_\_\_

I am interested in (please circle): teaching ski/snowboard, helping on the mountain, helping in the lodge.

There will be a **Volunteer Instructor Clinic** on Saturday, January 3, 2009 from 1:00 - 3:00 PM *on the snow* @ Cochran's. **Volunteer Instructors, please plan to attend! Instructors are eligible for 5 free day passes and a Cochran's Ski Area vest! Please circle vest size Women's S,M,L or Men' S,M,L.**